

REVIEW ARTICLE

Conditioned Media Therapy in Alzheimer's Disease: Current Findings and Future Challenges

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Abstract: Alzheimer's disease (AD) is a neurodegenerative disorder accompanied by a reduction in cognition and memory. Till now, there is no definite cure for AD, although, there are treatments available that may improve some symptoms. Currently, in regenerative medicine stem cells are widely used, mainly for treating neurodegenerative diseases. There are numerous forms of stem cells to treat AD aiming at the expansion of the treatment methods for this particular disease. Since 10 years ago, science has gained abundant knowledge to treat AD by understanding the sorts of stem cells, methods, and phasing of injection. Besides, due to the side effects of stem cell therapy like the potentiation for cancer, and as it is hard to follow the cells through the matrix of the brain, researchers have presented a new therapy for AD. They prefer to use conditioned media (CM) that are full of different growth factors, cytokines, chemokines, enzymes, *etc.* without tumorigenicity or immunogenicity such as stem cells. Another benefit of CM is that CM could be kept in the freezer, easily packaged, and transported, and doesn't need to fit with the donor. Due to the beneficial effects of CM, in this paper, we intend to evaluate the effects of various types of CM of stem cells on AD.

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1. INTRODUCTION

Alzheimer's disease (AD) is the major reason for dementia and is quickly emerging as one of the most costly and fatal illnesses of this century [1]. It is estimated that about 50 million people worldwide are affected by AD [2] and this will increase to triple in 2050 in low-income countries. Age (older than 65) increases the risk factors of AD [3], and men are less affected than women, especially after the 80s. Most of the cases of AD are above 65, which is termed late-onset AD (LOAD), while about 5% of cases of AD are under 65 years old which is called early-onset AD (EOAD) [4]. About 1-2% of AD is hereditary and has symptoms like EOAD [5]. The most common symptom in the early phase of AD is a deficit in short-term memory, which affects daily activity [6]. Loss of neurons and synaptic dysfunction in the limbic system, archicortex, and neocortex can cause cognitive deficits [7].

Beta-amyloid (A β) is produced by sequential cleavage by proteases called secretase α , β , γ from the amyloid precursor protein (APP). Malformed APP produces extreme amounts of A β , which is poisonous to the neurons, and then finally

induces neuronal apoptosis. Amyloid plaques are the accumulation of abnormally folded amyloid β - peptides in the extracellular matrix with 40 or 42 amino acids [8]. Insolubility and fibrillation of the plaques are because of A β 42 which is more abundant than A β 40 [7]. Tau is a protein that is bound to the microtubule to help axonal transport and alteration of signaling pathways [9]. Hyperphosphorylation of tau protein, which is called neurofibrillary tangles (NFT), can impair signaling cascades in pre-synaptic and post-synaptic compartments and then be associated with dementia by increasing in number [10-12]. Studies suggest that the balance of metal ions which include Cu²⁺, Zn²⁺, and Fe³⁺ might play a crucial function in determining the morphology of A β aggregation or its dissociation. Transition metals such as copper (Cu), iron (Fe), and zinc (Zn) were also identified at high concentrations in the A β plaques (~400 μ M Cu, ~1 mM Zn, and ~1 mM Fe) and contributed to the neuropathology related to A β fibrils *via* affecting the rate of fibril formation, by modifying fibril morphology, and by direct chemical reaction with A β [13]. Silver ions by binding to A β peptides could decrease the fibrillation of A β [14]. Recent studies have proposed that one of the causes of AD and the accumulation of AB peptides may be due to high concentrations of metal ions like Fe⁺³, Cu⁺², and Zn⁺² [15, 16]. Ryu *et al* showed that Fe⁺³ could accelerate the A β peptide fibrillation more than the metal ions Zn⁺², and Cu⁺² [13]. Studies

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CONFLICT OF INTEREST

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SELECTION CRITERIA FOR INCLUDED STUDIES

For this review, we performed a search on PubMed and Scopus using the keywords condition medium AND Alzheimer's disease, human umbilical cord mesenchymal stem cells conditioned medium AND Alzheimer's disease, and Dental Pulp conditioned medium AND Alzheimer's disease. Articles published in English from 2011 to 2021 were considered in this review.

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