

Original Research Article



Evaluation of circulating CD4⁺CD25⁺CD127^{-/low} regulatory T cells in newly diagnosed hepatitis C-infected patients

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Abstract

Objectives: Hepatitis C virus (HCV) is one of the most global health problems with 2.5% prevalence worldwide. It seems that regulatory T (Treg) cells, which are able to modulate the host immune responses, play a substantial role in the immunopathogenesis of HCV infection. In this study, we evaluated the distribution of Treg cells in HCV-infected patients and its correlation with viral load and clinical manifestations.

Methods: Peripheral blood mononuclear cells (PBMCs) were collected from 14 newly diagnosed HCV-infected patients and 23 age- and sex-matched healthy subjects, and the frequency of CD4+CD25+CD127-/low Treg cells was determined by flow cytometry.

Results: Our results showed that the mean level of CD4+CD25+CD127-/low Treg cells in HCV-infected patients was significantly higher than that in healthy control subjects (8.2 \pm 1.48% vs 5.4 \pm 0.36%, p < .05). However, there was no statistical correlation between Treg cells frequency and viral load or clinical manifestations.

Conclusion: A higher proportion of Treg cells in HCV-infected patients might indicate their critical role in viral persistence and candidate them as a new target of immunotherapy to improve antiviral immunity.

Keywords

hepatitis C virus, regulatory T cells, viral persistence, Hepatitis C virus-infection, flow cytometry

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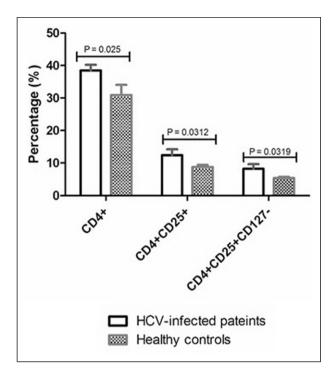


Figure 2. Altered frequencies of CD4+, CD4+CD25+ and CD4+CD25+ CD127-/low cells in the peripheral blood of HCV-infected patients. PBMCs were isolated from the whole blood of HCV-infected patients and healthy controls. CD4+, CD4+CD25+ and CD4+CD25+ CD127-/low populations were more significantly frequent in HCV-infected patients compared to healthy controls. Data are shown as mean \pm SEM, and p < .05 was considered statistically significant.

Several studies have shown a positive correlation between the viral load and Treg cells proportion in HCVinfected patients. 18,20,36 However, we found no correlation between the percentage of Treg cells and HCV RNA copy number. In to the same line with our study, Pearson et al. have reported no significant association between HCV RNA titer and Treg cells percentage.²¹ These differences between studies might be related to different reagents and methods used or the sample size. In this study, we also examined the correlations between Treg cells frequency and clinical parameters, such as alanine transaminase (ALT), aspartate transaminase (AST) and alkaline phosphatase (ALP) levels and platelet counts; the results revealed that clinical manifestations did not correlate with Treg frequency. Our study was in accordance with those of previous studies, which reported no correlation between the percentage of Treg cell; serum ALT and AST levels; and platelet counts. 18,36,37

The main limitation of our study was small sample size. The other one was that we were unable to isolate and assess the function of CD4+CD25+CD127-/low T cells during co-culture with PBMCs. Therefore, further experiments, which focus more on the phenotype and function of Treg

cells during acute HCV infection, with increased sample size are needed to increase our knowledge about the role of Treg cells in the resolution or persistence of HCV infection.

Study limitations

Different Treg subsets in hepatitis C-infected patients are not evaluated in this study which can be applied in future studies.

Conclusion

In conclusion, we demonstrated elevated proportions of CD4+ CD25+ CD127-/low Treg cells in the initiation of HCV infection. This result suggests that Treg cells may play a substantial role in HCV viral persistence and the establishment of long-lasting infection. However, precise mechanisms of Treg cells in HCV-infected patients remain completely clarified and large-scale studies are needed to define the exact mechanisms of Treg cells in HCV infection.

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Author contributions

K.K and S.Kh and Z.F devised the study plan, M.A and M.A.H collected the data, M.E.V and S.KH were responsible for data analysis, Z.F F.R.K interpreted the data, MR.A and K.SH drafted the manuscript, and K.K and M.AH supervised the whole process and gave constructive advice. All authors have made contributions to the current work.

Declaration of conflicting interests

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