

# Cochlear Implantation with a Combined Approach: A Case Report

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## Abstract

Introduction:

Ear symptoms of granulomatosis with polyangiitis can range from ear fullness and otalgia to conductive or sensory neural hearing loss and sudden deafness. Cochlear implantation in these patients faces two challenges: access to the round window and control of mastoid and middle ear inflammation. The combined approach in cochlear implantation is a classic trans-facial recess approach facilitated by a trans-canal view.

# Case Report:

In this case report, we present the "combined approach" in a 20-year-old lady with granulomatosis with polyangiitis who underwent cochlear implantation successfully using the combined approach.

# Conclusion:

Post-operative results suggest that the "combine approach" seems to be a safe, easy, and fast cochlear implantation technique for chronic otitis media with an atelectatic middle ear and retracted tympanic membrane or narrow facial recess space. It is a single-stage surgery that has no need for the obliteration of the ear and has less morbidity.

## Keywords:

Cochlear implants; Otitis media; Sensorineural hearing loss; Cochlear implantation; Otitis media with effusion.

Received date: 22 Sep 2023 Accepted date: 23 Des 2023

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<sup>\*</sup>Please cite this article; Jahangiri R, Hashemi SB, Kohan E, Babaei A. Cochlear Implantation with a Combined Approach; A Case Report. Iran J Otorhinolaryngol. 2024:36(1):377-380. Doi: 10.22038/IJORL.2023.75088.3520

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tube insertion as the first-line conservative therapy. Following confirmation of granulomatosis with polyangiitis and the development of profound sensorineural hearing loss, and with no response to medical therapy and limited benefits from hearing aids, we proceeded with cochlear implantation during remission of the underlying disease, resulting in a satisfactory outcome.

### Conclusion

The "Combined approach" seems to be a safe, easy, and fast technique for cochlear implantation in the case of chronic otitis media with an atelectatic middle ear and retracted tympanic membrane or narrow facial recess space. It is a single-stage surgery that has no need for the obliteration of the ear and has less morbidity.

Also, the otologists seem familiar with this approach and do not need additional expertise. Furthermore, if revision surgery is required, it is easier and does not distract the middle ear structure.

#### **Acknowledgements**

The authors would like to thank Shiraz University of Medical Sciences, Shiraz, Iran and also the Center for Development of Clinical Research of Nemazee Hospital and Dr. Nasrin Shokrpour for editorial assistance.

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